



Public Health
Prevent. Promote. Protect.
Chemung County Health
Department

Chemung County Health Department

What You Should Know About Coronavirus

About Coronavirus

Coronavirus, a respiratory virus, is currently in the news. Coronaviruses are a large family of viruses, some causing mild to moderate respiratory tract illness.

The Centers for Disease Control and Prevention (CDC) is currently tracking a new strain, the “2019 Novel Coronavirus” (2019-nCoV) that started in China. The first confirmed case in the United States was reported on January 21, 2020. The CDC is still investigating to learn more information.

Preventing Respiratory Illness

Right now, there have been no confirmed cases of 2019-nCoV in Chemung County or in New York State - so there are no additional precautions recommended for the general public to take. However, the CDC always recommends these everyday actions to prevent respiratory illnesses:

- Minimize close contact with people who have symptoms of respiratory illness, such as coughing or sneezing.
- Cover your mouth and nose with a tissue when coughing or sneezing.
- Use the nearest waste receptacle to dispose of the tissue after use.
- Wash your hands regularly.
- Avoid sharing personal items such as eating or drinking utensils, toothbrushes, and towels. You should especially avoid sharing these items with sick persons.
- Maintain a clean environment.

Get the facts!

For updates on the coronavirus, visit the CDC:

<https://www.cdc.gov/coronavirus/2019-ncov/>

**If you have questions about the coronavirus call the
Chemung County Health Department at 607-737-2028.**