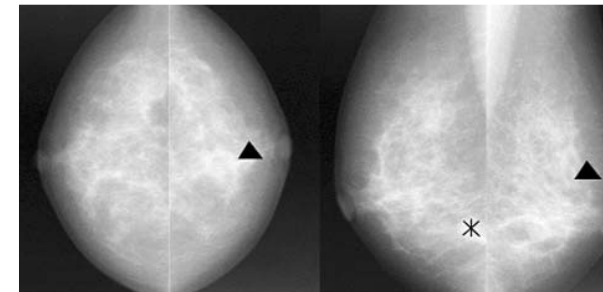


Women's Health

The Health Center for Women,

located at 600 Fitch Street, Elmira, NY, on the Arnot Ogden Medical Center campus, offers consolidated women's health care, education and support services in a single, private setting.



Arnot*Health*

Health Center for Women
600 Fitch Street
Elmira, NY 14905
607-737-8140

www.amothealth.org

Traditionally, most women have received fragmented care, for their various health-care needs. They have had to travel from facility to facility, for different services provided by a range of medical specialists. These specialists have tended to focus only on the woman's physical and physiologic needs, ignoring the bigger picture.

Today, at the Health Center for Women at Arnot Health, women receive a personal, complete approach to well-being. Our team of doctors, nurses, and other specialists care for the whole woman. We provide up-to-date wellness information, educational resources on numerous health-care issues, emotional and social support, and nutritional and exercise guidance. We also offer state-of-the-art care for those physical and physiologic needs. And we provide all this care, conveniently, under one roof.

[For more information or an appointment, please call 607-737-8140.](#)

Comprehensive Services

The Health Center for Women at Arnot Health functions as a resource serving the healthcare needs of women at every life stage. We offer educational, preventive, diagnostic, therapeutic and support services designed to enrich the quality of life among women and families throughout the Twin Tiers.

We integrate multi-disciplinary clinical care, cutting-edge technology, and education in one patient-friendly, easily-accessible location. The mission of the Health Center for Women is to preserve wellness and prevent all types of disease in women of all ages, and to empower women to be active, well-informed participants in their healthcare.

Our friendly and caring professionals understand your needs and help you develop a complete, personalized healthcare plan. Our services include:

- Breast health services
- Breast imaging service
- Bone health & osteoporosis service
- Laboratory
- Massage & acupuncture
- Menopause services

- Midlife women's services
- Psychological counseling services
- R2 Imagechecker
- Stereotactic breast biopsy
- Thyroid health
- Ultrasound
- Urinary incontinence services

Specialty Practices

The specialty practices located within the Health Center for Women include:

- Endocrinology and metabolism
- Gynecology
- Infertility
- Joslin Diabetes Center
- Maternal & fetal medicine (High Risk Obstetrics)
- Nurse midwifery
- Obstetrics
- Psychotherapy