

## Directions

### Horseheads, NY

#### *From the East:*

Travel on Interstate 86 (Route 17) to exit 51 A, Colonial Drive exit. Take a right hand turn at the light. Proceed .4 miles and take a left onto John Roemmelt Drive.

#### *From the West:*

Travel on Interstate 86 (Route 17) to exit 51. Take a left hand turn at stop light, toward Arnot Mall. At the third light take a right onto Arnot Road. At the end of Arnot Road take a right onto Colonial Drive. Proceed .7 miles, through one light, and take a left onto John Roemmelt Drive.

### Elmira, NY

From Interstate I-86 (Route 17) East or West, take Elmira exit 56 onto Church Street. Continue on Church Street through the city of Elmira, approximately 3 miles. Signs to the Arnot Ogden Medical Center will be visible. At Church Street and Walnut Street Intersection/traffic light, take a right turn onto Walnut Street. Continue on Walnut Street to Ivy Street, take a left turn on Petrie Lane, one block past Ivy Street to access the parking lot for Physical Therapy in the back of the Ivy II Medical Office Building.

### AmotHealth

Physical Therapy and Rehabilitative Services  
100 John Roemmelt Drive, Suite 100  
Horseheads, NY 14845  
607-796-5934  
fax 607-796-4922

602 Ivy Street  
Elmira, NY 14905  
607-737-4131  
fax 607-735-5710



## Pediatric Physical Therapy



The Outpatient Physical Therapy and Rehabilitation Center located at 602 Ivy Street in Elmira, has a Pediatric Therapy room, which includes a vestibular swing, ball pool and trampoline as well as a 20x25 Therapeutic Pool with a lift chair.

Our therapists are trained to evaluate and treat children ages 0-21 with a variety of diagnosis, including orthopedic, neurologic and developmental delays. Our goal is to improve the child's quality of life and help them to reach their maximum potential.



*20x25 Therapeutic Pool with Hydraulic Chair Lift*

We work closely with the parents and family members of each child to develop an individual treatment plan that meets both the needs of the child and the family. Our physical therapists also work closely with speech and occupational therapists to provide a multi-disciplinary approach to your child's plan of care.

### Diagnosis We Treat

- Developmental/Gross Motor Delays
- Down Syndrome
- Cerebral Palsy
- Orthopedic Rehabilitation
- Sports Medicine
- Neonatal and Infant Development
- Sensory Processing Disorders
- Autism Spectrum Disorders

### Referral into the Program

Patients who would benefit from physical therapy need to be referred by a physician. Doctors or patients with questions about pediatric physical therapy can contact the Physical Therapy Staff at the Ivy II Medical Office Building at 607-737-4131.

### Treatment Plans Include

- Developmental Activities
- Aquatic Therapy
- Mobility Training
- Therapeutic Exercise
- Strength and Flexibility Training
- Motor Planning
- Balance and Coordination
- Vestibular Education
- Equipment Fitting and Adjustment



*Rehabilitation Gym*