

We're Here for You

We look forward to meeting you at your preadmission appointment and making your stay with us as comfortable and pleasant as possible.

If you have any questions about your pre-admission appointment or hospital stay, please call the Preadmissions Center staff at 607-737-4141 weekdays from 7:30 a.m.-4:30 p.m.

Directions

From the East

From Route 17 (Interstate 86E), exit at Elmira (exit 56). Continue straight at the end of the ramp to the next light. Turn left, proceed over the bridge to Church St. and into the city of Elmira. The street will become one-way, westbound. Proceed straight into the residential town area to the Walnut St. traffic light. Turn right at the intersection of Church and Walnut Sts. Continue on Walnut to the Roe Ave. traffic light. Proceed past the intersection and take the first left on to Fitch St. The Medical Center Parking is on the left and right of Fitch St.

From the West

From Route 17 (Interstate 86W), exit at Elmira (exit 56). Turn right on to Church St. and into the city of Elmira. The street will become one-way, westbound. Proceed straight into the residential town area to the Walnut St. traffic light. Turn right at the intersection of Church and Walnut Sts. Continue on Walnut to the Roe Ave. traffic light. Proceed past the intersection and take the first left on to Fitch St. The Medical Center Parking is on the left and right of Fitch St.

ArnotHealth

Pre-admission Center
Arnot Ogden Medical Center
600 Roe Avenue
Elmira, NY 14905
607-737-4141

www.arnothealth.org

Pre-Admission Center



Plan Ahead

You're scheduled for surgery, and since we want the experience to go as smoothly as it can, you've also been scheduled for a preadmission visit. At Arnot Health we'll work together with you, your physician and your insurance provider to make sure you're well prepared and ready for your procedure. The Preadmission Center is set up to obtain detailed information about your physical condition, to identify any special needs and to confirm your readiness for surgery. We'll help identify any health concerns ahead of time that might have an impact on your surgery, giving us a chance to attend to them in plenty of time.

The Preadmission Center is located on the first floor of Arnot Ogden Medical Center just inside of the Ogden Avenue entrance. Signs will direct you to a waiting room.

- Allow about 1-2 hours for your preadmission appointment.
- Bring your insurance card(s), Arnot Health ID card, Health Care Proxy form and any completed forms your physician's office has asked you to fill out.
- Wear comfortable clothing and avoid using any body lotions or oils. Knee-highs or socks are preferable for women

What to Expect

- We will confirm the date and time of your surgery and let you know when to arrive and where to check in.
- We will confirm your insurance information and discuss your preadmission insurance certification needs. Please feel free to ask questions if you have any financial concerns. If needed, we can arrange for you to meet with a financial counselor.
- A nurse will interview you to gather health information. We welcome your questions and will do our best to answer your questions so that you understand what is going to happen.
- You will have any tests your physician has ordered which may include:
 - Bloodwork
 - EKG
 - Chest X-Ray
 - Pulmonary function study
 - Urinalysis

Pre-Planning for Discharge

If your physician requests, you will meet with a physical therapist to teach you how to work with any post-op limitations you may have or exercises you may need to do.

If you live locally, you and a Preadmission Center nurse may decide to request a home healthcare evaluation before your surgery. Someone from a local agency will be contacted and may decide to visit you to discuss your discharge and what care you may need. If you don't live locally these arrangements will be made during your stay.

Financial and Insurance Information

Many insurance companies require preadmission certification and/or a second opinion before surgery. To avoid reduced benefits, please call your insurance company before your surgery to confirm coverage. You may also need to call your insurance company to ask if you need to request an anesthesiologist who is a participating provider.

If you don't have insurance or your insurance won't provide coverage, you will be asked to provide a deposit. Please call one of our financial counselors at 607-737-4272 weekdays from 7:30 a.m.-4:00 p.m. before your Preadmission Center appointment to complete payment arrangements or discuss concerns.