

FLEX STAFF

Arnot Health's Travel Nurse Program

Apply Now! www.arnothealth.org/careers

Who We're Looking For

We're looking for skilled, flexible Registered Nurses who want travel-style freedom with the support of a home team.

- 2+ years of experience in your current specialty (required)
- Choose to work in one unit or float within your specialty—your call
- Optional travel between Arnot Health's three hospitals
- Compassionate, dependable nurses who thrive in dynamic environments

Frequently Asked Questions

Do I have to work holidays? Yes. Flex Staff nurses are required to work at least two holidays per calendar year.

How long are contracts? Contracts start at 8 weeks and up, with the option to renew or take time off in between.

What happens when my contract ends? At the end of a contract, you remain an active per diem employee with Arnot Health. You can take time off, travel elsewhere, or pick up shifts anytime—your benefits continue (minus the stipend) and you maintain those valued relationships within our system.

Is housing provided? No, but if you live 50+ miles away, you may be eligible for a tax-free stipend during your contract.

Do I accrue sick time? Yes! You accrue up to 56 hours of paid sick time annually, based on hours worked. And unlike agency contracts, stipends are not docked when using your earned sick time.

What's Included as a Flex Staff Team Member

- Tax-Free Stipend: Eligible if your permanent residence is 50+ miles from your work location.
- Weekly Overtime: Earn overtime for hours worked over 40 each week.
- Shift Differentials: Receive 7% for evenings and 14% for nights.
- Full Benefits: Access to Blue Cross Bronze Excellus health insurance (individual & family plans).
- Retirement Savings: 401(k) plan available with employer match.
- Health Savings Account (HSA): Optional HSA to manage healthcare expenses tax-free.
- Whether doing education or renewing training you get paid! Including but not limited to: ACLS, PALS, BLS, NPR, NIH, ETC.

Flexible Assignments, Your Way

Choose contracts that match your specialty—work in a single unit or float within your comfort zone. No unexpected cross-training while under contract.

Grow When You're Ready: Between contracts, expand your skills with cross-training opportunities into new departments—at your pace, on your terms.

One Hospital or All Three: Prefer to stay in one place? No problem. Want variety? You have the option—not the obligation—to work across Arnot Health's three hospitals.

Freedom Without Losing Benefits: Enjoy the travel nurse lifestyle—schedule flexibility, time between contracts, and freedom from pressure—while still receiving the perks of being an Arnot Health employee.

Specialty-Driven Scheduling: Whether you're Med-Surg, ICU, ED, or another specialty, you'll have access to assignments that respect your clinical strengths and preferences.

"Joining the Flex Team means you're not just filling a shift—you're becoming part of a family that values your growth, well-being, and voice. At Arnot Health, you're supported, seen, and always part of something bigger."

Join Our Team!

Scan QR and Search: (Internal Travel Registered Nurse – Various Departments)



Arnot Health, a member of Centralus Health, is a trusted healthcare system serving New York's Southern Tier and Northern Pennsylvania, with a proud history rooted in the founding of Arnot Ogden Medical Center in 1888. For over a century, Arnot Ogden has delivered compassionate, high-quality care to our community. Flex Staff is Arnot Health's new internal travel nurse program—a dynamic initiative designed to support work-life balance while offering the flexibility of travel nursing without leaving the Arnot system. As a member of the Flex Team, you're not agency staff—you're part of the Arnot Health family, with access to employee benefits, organizational support, and opportunities across multiple hospital sites.

Want to know more? Call (607) 735-5913 or email: Michael.Bjorck@arnothealth.org