



# Getting Started with MyChart



ArnotHealth



**MyChart provides you with online access to your medical record. It can help you participate in your healthcare and communicate with your providers. With MyChart, you can:**

- View all of your health information in one place.
- See your medications, test results, appointments, medical bills, estimates, and more all in one place, even if you've been seen at multiple healthcare organizations.
- Quickly schedule appointments and find care.
- Make appointments at your convenience, complete pre-visit tasks from home, and find the nearest urgent care or emergency room when you need it.
- Connect with a doctor no matter where you are. Send a message, talk face-to-face over video, or arrange to follow up in person, depending on the level of care you need.

## How Do I Access MyChart?

- On your computer, <https://mychart.centralushealth.org/>
- On your mobile device, download the MyChart Mobile App

## Download the MyChart Mobile App

**If you want to sign up for MyChart on your cell phone or another mobile device, download the mobile app on your phone first.**

1. On your mobile device, open the Apple App Store (if you have an iOS device) or the Google Play Store (if you have an Android device). Look for one of the following icons to find the app store on your device:



2. Search for **MyChart**. Look for the following logo to make sure you have the right app:



3. Tap **Install**.
4. After you've installed the app, tap **Open** or find the **MyChart icon** on your device and tap to open it.
5. Select your primary healthcare organization from the list of organizations. If you don't see it right away, you can search for your healthcare organization by name, state, or ZIP code. **Patients can select one of the following: Centralus Health, Arnot Health, or Cayuga Health.**

6. After you've found your healthcare organization, follow the steps below to sign up for an account.

## Sign Up for a MyChart Account

You can sign up for a MyChart account in two ways—either on the MyChart website or through the MyChart mobile app.

There are two ways to create an account:

1. **With an Activation Code:** You may have received this code in an After Visit Summary, a text message, or an email after your appointment.
2. **Without an Activation Code:** You can still sign up by following the instructions on the MyChart website or app.

## Use Your Activation Code to Sign Up

1. From the MyChart login screen on the MyChart website or MyChart mobile app, select **Sign Up Now**.
2. Enter your activation code and other personal verification items, such as the last four digits of your Social Security number and your date of birth. Select **Next**.
3. On the next page, choose the following:
  - a. **MyChart Username:** Choose something that others wouldn't be likely to guess but is easy for you to remember. **It cannot be changed at any time.**
  - b. **Password:** Choose a unique combination of numbers and letters, using both uppercase and lowercase letters. Your password must be different from your MyChart username. **Choose a password that you don't use for other websites.**
  - c. **Security Question:** Choose a question you can use to verify your identity if you forget your MyChart password. **The answer you enter cannot include your MyChart password.**
4. On the next screen, choose whether you want to receive a notification message in your personal email or via text when there is new information available in your MyChart account. If you opt to receive email and/or alerts, enter your email address and/or mobile phone number.

## Sign Up Without an Activation Code

1. From the MyChart login screen on the MyChart website or MyChart mobile app, select **Sign Up Now**.
2. Click the "**Sign Up Online**" option under "**No Activation Code?**"
3. Provide your first and last name, date of birth, legal sex, and the last four digits of your Social Security Number.
4. Enter your email address (and verify it), home phone number, and mobile phone number.
5. On the next page, choose if you would like your secure code to be sent via text or email.
6. Once you receive your code, enter it and click **Next**.
7. On the next page, choose the following:
  - a. **MyChart Username:** Choose something that others wouldn't be likely to guess but is easy for you to remember. **It cannot be changed at any time.**
  - b. **Password:** Choose a unique combination of numbers and letters, using both uppercase and lowercase letters. Your password must be different from your MyChart username. **Choose a password that you don't use for other websites.**
  - c. **Security Question:** Choose a question you can use to verify your identity if you forget your MyChart password. **The answer you enter cannot include your MyChart password.**
8. On the next screen, choose whether you want to receive a notification message in your personal email or via text when there is new information available in your MyChart account. If you opt to receive email and/or alerts, enter your email address and/or mobile phone number.

***Congratulations, you're all signed up!***

Questions? Call our MyChart Help Desk at **607-274-4449**.